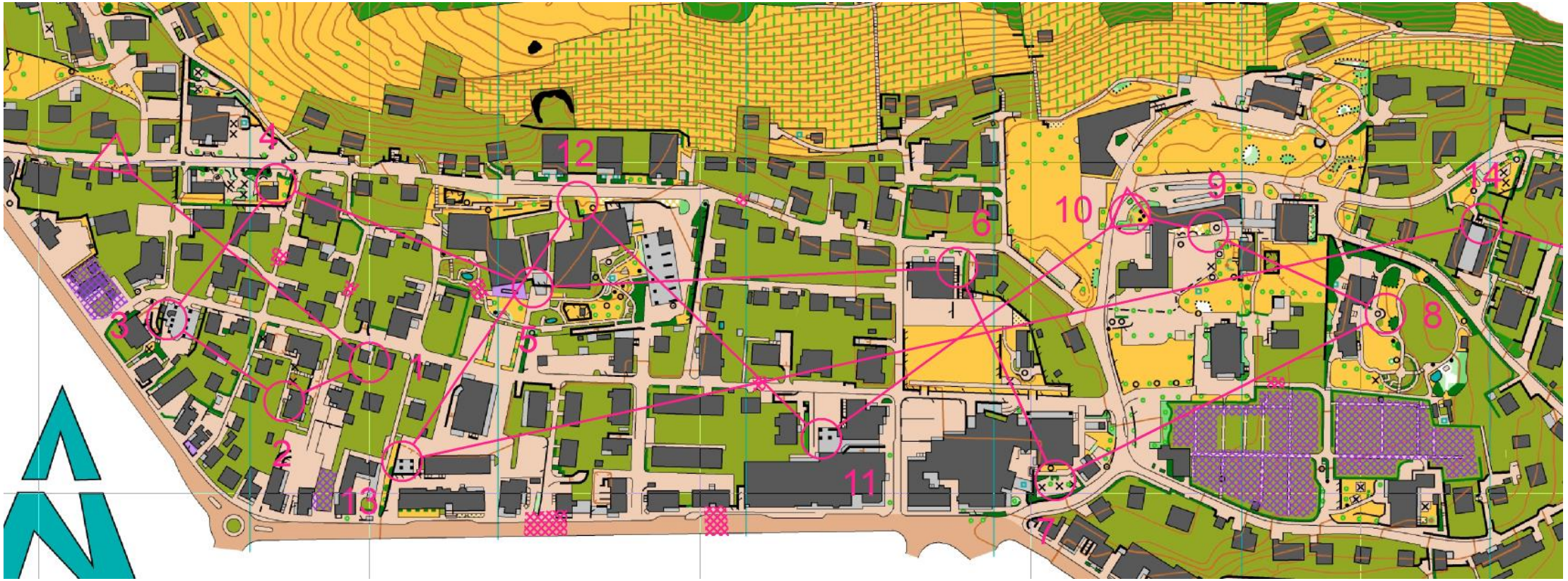
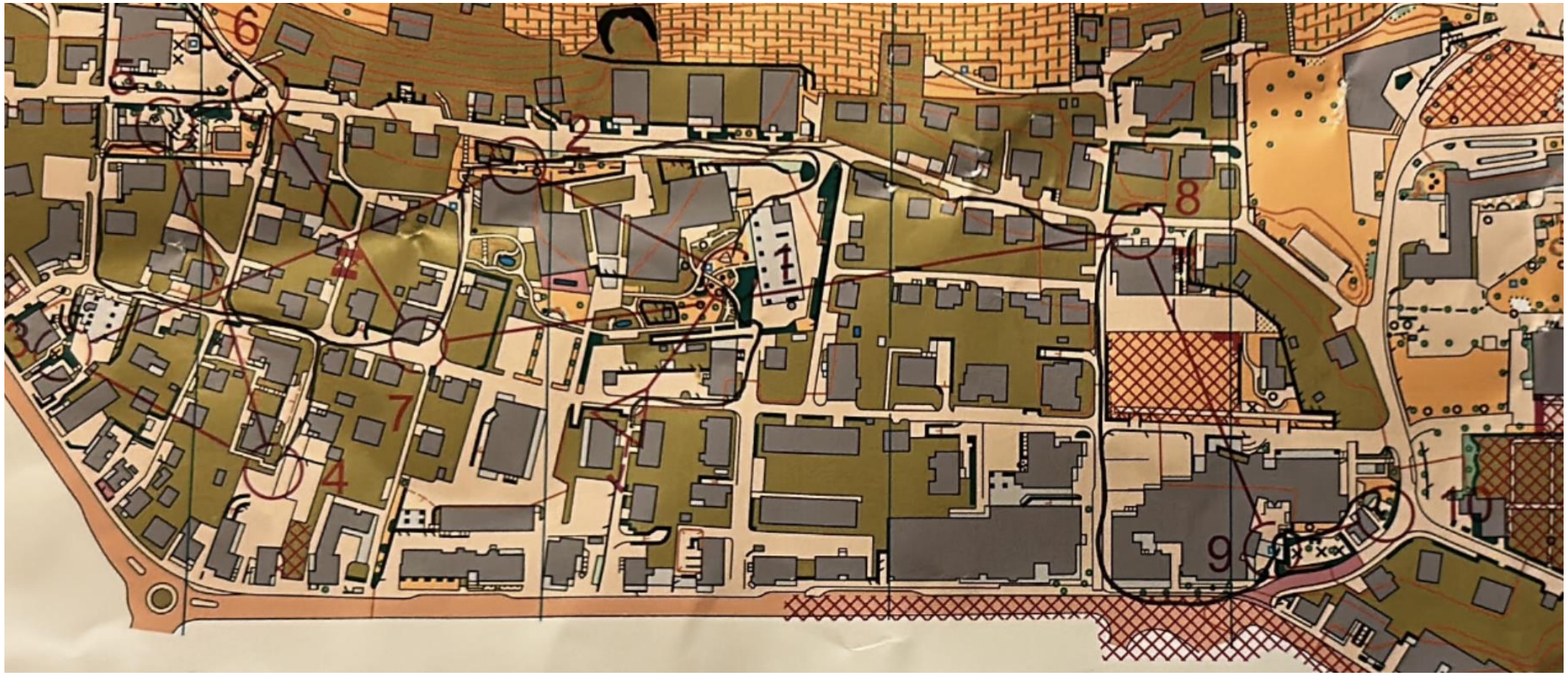
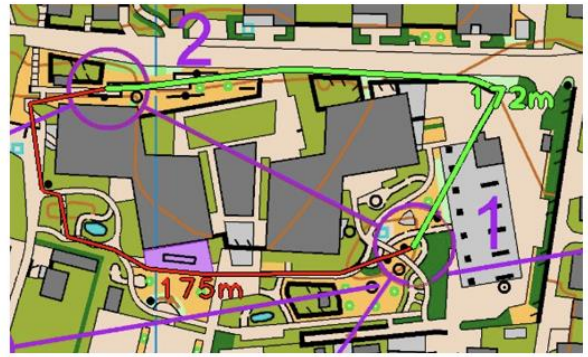
Préparation sélections coupe du monde Spiez 2025 – le traçage par le coureur



Course de sélection – traçage «à l'ancienne»

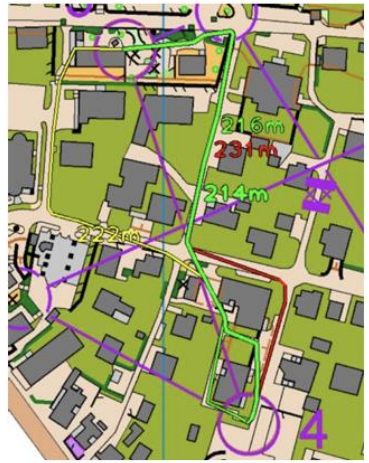



1
117m
106m


2
172m
1
175m


5
2
271m
265m
7


3
4
196m

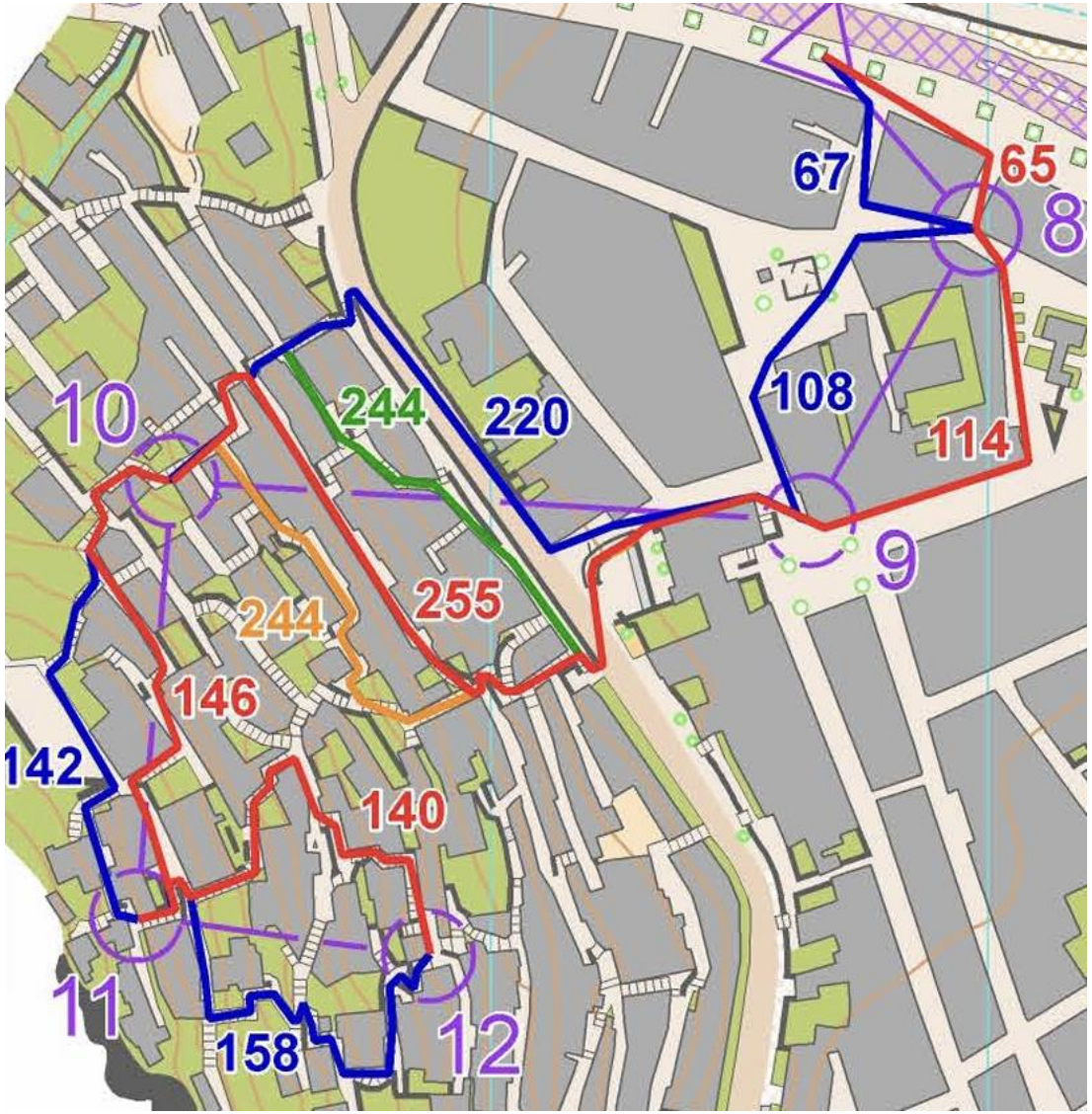

216m
231m
214m
4


172m
181m


8
13
226m
233m
9

Traçage «classique» adapté dans ville complexe





Pas besoin de barrières car l’exécution fait la différence et choix multiples



Coupe du monde Uster 2025

EGK
ORIENTEERING
WORLD CUP FINAL
USTER 2025

Sprint

Course setter
Rachel Marxer



Presenting Partn

Gesund

Sponsors

PHARMA
SANAQ

On behalf of

swiss
orienteer

EOC Sprint Quali Loggator

WinSplits Online



Karlskorna JWOC 2026

